



***Reactie en foto van Claudia van Tilburg
over
de bijeenkomst van de Grootmoedercirkel
van de Lage Landen
op 9 Maart 2019***

★ ✨ ✨ Being a mother and a grandmother I have responsibilities how I leave this world for my children, grandchildren, their children and the next generations after that ✨ ✨ ✨

It was an honour to sit in Circle with the Grandmothers of The Lower Lands on Saturday. Nearly thirty women shared their visions on how we can create circles in our communities where people feel safe and supported and take care of the environment where they live.

We discussed that when we feel safe and supported we become more relaxed, feel more valued, acknowledged and respected.

We came to the understanding that when we observe and discuss the qualities of the person and how this can benefit not only the person her/him self but also the community/group at large, we encourage more confidence in people to engage more in their local communities and feel less isolated.

It also was discussed that we have to take responsibility for our thoughts and actions and that we can transform old habits and painful thoughts not only individually but also with the loving, unconditional support from those who are on 'the conscious living path'.

The topic of 'Communications' was also discussed. How do we communicate with ourselves/ the world? We communicate often out of fear, insecurity, lack of confidence etc. When we communicate from the heart we are creating more clarity and all mentioned above can be transformed into love.

So, why do I share this here?

Because all of this is my responsibility. To take action in my life, to take care of not

only 'my children', 'my loved ones', 'my close environment', 'my this or that' but to take it a step further. To reach out. To you.

To those who are willing, and to those who already are doing so, to join to take action, to take responsibility for how we present ourselves in the world and to take steps, even very very small steps, to make this world a most beautiful place where we all feel safe, supported and feel part of.